

Safety Guidelines Indoors (March 21st)

MASKS

There will be no requirement to wear a mask while indoors for participants, spectators, or coaches. If you are more comfortable wearing a mask you are welcome to do so.

SCREENING

- Anyone feeling unwell **MUST** stay home and if anyone in your household has symptoms of Covid-19 you should not attend. We follow Toronto Public Health school guidelines for isolation.
- We will no longer be doing daily screening.
- Athletes or parents, on behalf of athletes, will sign Gymnastics Ontario's declaration on compliance and waiver once a year.

FACILITY PREPARATION

- Facility is cleaned nightly.
- Hand sanitizer stations will be located throughout the gym and athletes and coaches will be encouraged to use frequently.
- Changerooms will be reopened for Monday March 21st.
- Water fountains will remain closed for the time being. Water refill stations will remain available. Please make sure to bring a water bottle.

ARRIVALS

- There are no restrictions for entry and exit for parents or athletes. We will not require masks in the gym, if you would prefer to wear one you are welcome to do so.
- We do ask that parents/spectators remain on the bleachers while watching classes to allow better flow in the gym. If there is no space on the bleachers, parents will be asked to leave.
- Change rooms will again be open. Hooks will also remain in place.
- All athletes will enter through the main door (regular entrance door).
- Athletes and parents will sanitize their hands upon entry.

DURING TRAINING

- There are no capacity restrictions in place as of February 17, 2022.
- Coach to athlete ratio will be a maximum of 1 to 8-9 athletes.

DEPARTURES

- Athletes will be reminded to make sure they have their belongings at the end of each class.
- Athletes and parent will leave via a new exit door, clearly marked.
- Parents should arrive on time for the end of class.

