MONDAY 430 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 2023 6:15-6:45PM (Please arrive 10 MINUTES beforehand) **Please note this is a 30 minute dress rehearsal.

Show date: Saturday June 17th 2023 1-3:30PM(Please arrive 30 MINUTES beforehand)

Costume for performance: Black bottoms (leggings/shorts), tie dye shirt & headband, and hair tied in a pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

MONDAY 615 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 2023 6:30-7PM (Please arrive 10 MINUTES beforehand) **Please note this is a 30 minute dress rehearsal.

Show date: Friday June 16th 2023 6-8:30PM(Please arrive 30 MINUTES beforehand)

Costume for performance: Black bottoms (leggings/shorts), tie dye shirt, headband, and hair tied in a pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show

Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

TUESDAY 430 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 2023 6:45-7:15PM (Please arrive 10 MINUTES beforehand) **Please note this is a 30 minute dress rehearsal.

Show date: Saturday June 17th 2023 5-7:30PM(Please arrive 30 MINUTES beforehand)

Costume for performance: Black bottoms (leggings/shorts), tie dye shirt, headband, and hair tied in a pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

TUESDAY 615 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 2023 7:00-7:30PM (Please arrive 10 MINUTES beforehand) **Please note this is a 30 minute dress rehearsal.

Show date: Thursday June 15th 2023 6-8:30PM(Please arrive 30 MINUTES beforehand)

Costume for performance: Black bottoms (leggings/shorts), tie dye shirt, headband, and hair tied in a pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

WEDNESDAY 430 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 4:30-5PM (Please arrive 10 MINUTES beforehand)

Show date: Thursday, June 15th 2023 6:00-8:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Black leggings, black top (tank top or t-shirt) & flannel shirt and hair tied back into a pony tail.

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

WEDNESDAY 615 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 4:45-5:15PM (Please arrive 10 MINUTES beforehand)

Show date: Friday, June 16 2023 6:00-8:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Black leggings, black top (tank top or t-shirt) & flannel shirt and hair tied back into a pony tail.

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

THURSDAY 430 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 5-5:30PM (Please arrive 10 MINUTES beforehand)

Show date: Saturday, June 17nd 2023 1:00-3:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Black leggings, black top (tank top or t-shirt) & flannel shirt and hair tied back into a pony tail.

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

THURSDAY 615 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 5:15-5:45PM (Please arrive 10 MINUTES beforehand)

Show date: Saturday, June 17nd 2023 5:00-7:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Black leggings, black top (tank top or t-shirt) & flannel shirt and hair tied back into a pony tail.

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

SATURDAY 930 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 2023 7:15-7:45PM (Please arrive 10 MINUTES beforehand) **Please note this is a 30 minute dress rehearsal.

Show date: Saturday June 17th 2023 1-3:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Black leggings or shorts, neon top (pink, purple, green or yellow) and hair tied back into a pony tail.

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

SATURDAY 1115 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 2023 7:30-8PM (Please arrive 10 MINUTES beforehand) **Please note this is a 30 minute dress rehearsal.

Show date: Saturday June 17th 2023 5-7:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Black leggings or shorts, neon top (pink, purple, green or yellow) and hair tied back into a pony tail.

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

SUNDAY 930 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 2023 7:45-8:15PM (Please arrive 10 MINUTES beforehand) **Please note this is a 30 minute dress rehearsal.

Show date: Thursday June 15th 2023 6-8:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Black leggings or shorts, neon top (pink, purple, green or yellow) and hair tied back into a pony tail.

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

SUNDAY 1115 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 2023 8-8:30PM (Please arrive 10 MINUTES beforehand) **Please note this is a 30 minute dress rehearsal.

Show date: Friday June 16th 2023 6-8:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Black leggings or shorts, neon top (pink, purple, green or yellow) and hair tied back into a pony tail.

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

FRIDAY 430 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 5-5:30PM (Please arrive 10 MINUTES beforehand)

Show date: Friday June 16th 2023 6-8:30PM(Please arrive 30 MINUTES beforehand)

Costume for performance: Dark leggings or shorts (navy blue or black), red top (tank or t-shirt) and hair tied into a high pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00 Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

FRIDAY 615 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 2023 5:15-5:45PM (Please arrive 10 MINUTES beforehand)

Show date: Thursday June 15th 2023 6-8:30PM(Please arrive 30 MINUTES beforehand)

Costume for performance: Dark leggings or shorts (navy blue or black), red top (tank or t-shirt) and hair tied into a high pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00 Children Under the age of 4 are free.

SUNDAY 115 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 5:30-6PM (Please arrive 10 MINUTES beforehand)

Show date: Saturday June 17th 2023 1-3:30PM(Please arrive 30 MINUTES beforehand)

Costume for performance: Dark leggings/shorts and red top (tank or t-shirt) and hair tied back into a high pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00 Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

SUNDAY 3 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 5:45-6:15PM (Please arrive 10 MINUTES beforehand)

Show date: Saturday June 17th 2023 5-7:30PM(Please arrive 30 MINUTES beforehand)

Costume for performance: Dark leggings or shorts (navy blue or black), red top (tank or t-shirt) and hair tied into a high pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00 Children Under the age of 4 are free.

MONDAY, TUESDAY & FRIDAY 750 GIRLS **RECREATIONAL ATHLETES**

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 2023 8:45-9:15PM (Please arrive 10 MINUTES beforehand)

Show date: Friday June 16th 2023 6-8:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Dark leggings or shorts (navy blue or black), neon tank top and hair tied back into a pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

MONDAY 430 & SATURDAY 930/1115 BOYS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 6-6:30PM (Please arrive 10 MINUTES beforehand)

Show date: Saturday June 17th 2023 1-3:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Black shorts and black top

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

WEDNESDAY 430/615 & FRIDAY 615 BOYS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13 6:15-6:45PM(Please arrive 10 MINUTES beforehand)

Show date: Thursday, June 15 2023 6-8:30PM(Please arrive 30 MINUTES beforehand)

Costume for performance: Black bottoms and black shirt

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

SATURDAY 115 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 8:15-8:45PM** (Please arrive 10 MINUTES beforehand) **Please note this is a 30 minute dress rehearsal

Show date: Saturday June 17th 2023 5:00-7:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Bright blue t-shirt, black shorts and hair tied back into a pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

SATURDAY 3 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 8:30-9PM** (Please arrive 10 MINUTES beforehand) **Please note this is a 30 minute dress rehearsal

Show date: Saturday June 17th 2023 1:00-3:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Bright blue t-shirt, black shorts and hair tied back into a pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

WEDNESDAY & THURSDAY 750 GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 9-9:30PM (Please arrive 10 MINUTES beforehand)

Show date: Thursday June 15th 2023 6-8:30PM(Please arrive 30 MINUTES beforehand)

Costume for performance: Dark leggings or shorts (navy blue or black), neon tank top and hair tied back into a pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

MONDAY 615 & FRIDAY 430 BOYS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 4:15-4:45PM (Please arrive 10 MINUTES beforehand)

Show date: Friday June 16th 2023 6-8:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: White tank top, and dark coloured shorts (black or navy blue

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00 Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

SATURDAY 115 & MONDAY 750 BOYS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 4:30-5PM (Please arrive 10 MINUTES beforehand)

Show date: Saturday June 17 2023 5:00-7:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: White tank top, and dark coloured shorts (black or navy blue)

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

SUNDAY 930/1115/3 BOYS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 4:45-5:15PM (Please arrive 10 MINUTES beforehand)

Show date: Saturday June 17th 2023 5:00-7:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Dark shorts and white t-shirt

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

TUESDAY 715 RECREATIONAL ACRO ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 4-4:30PM (Please arrive 10 MINUTES beforehand)

Show date: Saturday June 17th 2023 5:00-7:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Dark leggings or shorts (navy blue or black), pink or purple top and hair tied back into a pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

SATURDAY 1030/1215 RECREATIONAL ACRO ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 3:45-4:15PM (Please arrive 10 MINUTES beforehand)

Show date: Saturday June 17th 2023 1:00-3:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Dark leggings or shorts (navy blue or black), blue tank top and hair gelled back into a pony tail

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

TUESDAY 430 INTERMEDIATE & 415 TUESDAY/THURSDAY ADVANCED GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 7-7:30PM (Please arrive 10 MINUTES beforehand)

Show date: Thursday June 15th 2023 6-8:30PM(Please arrive 30 MINUTES beforehand)

Costume for performance: **Please speak with coach Mia & Brooke**

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

SUNDAY 1230 & 245 INTERMEDIATE GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 7:30-8PM (Please arrive 10 MINUTES beforehand)

Show date: Friday June 16th 2023 6:00-8:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: Graphic t-shirt (& jean jacket if this is something your child already owns) jeggings or stretchy jeans or grey sweatpants

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

TUESDAY/THURSDAY 630 ADVANCED GIRLS RECREATIONAL & TUESDAY 630 INTERMEDIATE ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Tuesday June 13th 7:15-7:45PM (Please arrive 10 MINUTES beforehand)

Show date: Saturday June 17th 2023 1-3:30PM (Please arrive 30 MINUTES beforehand)

Costume for performance: **Please speak with coach Brooke/Camryn/Mia**

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

WEDNESDAY/FRIDAY 415 & 630 ADVANCED GIRLS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 15th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 3:45-4:15PM (Please arrive 10 MINUTES beforehand)

Show date: Saturday June 17h 2023 5-7:30PM(Please arrive 30 MINUTES beforehand)

Costume for performance: Sports jersey, sweatpants and a baseball style hat of any sports team

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.

Tickets go on sale May 1st at the front office. Limit of 2 tickets per family for your child's show. Please note tickets aren't guaranteed. First-come, first-serve.

WEDNESDAY/FRIDAY 700 ADVANCED BOYS RECREATIONAL ATHLETES

Gymfest Information!!!

Gymfest is our annual end of the year performance where friends and family can come and watch what your children have learned throughout the year in a fun, upbeat dance & gymnastics routine. Gymfest will have performances by both our recreational and competitive programs. Gymfest is comprised of 4 shows running from Thursday June 20th through to Saturday June 17th (2 shows on Saturday). Please read carefully below which show your child will be performing in and when their dress rehearsal is.

Dress Rehearsal Date: Wednesday June 14th 6-6:30PM (Please arrive 10 MINUTES beforehand)

Show date: Saturday June 17th 2023 1-3:30PM(Please arrive 30 MINUTES beforehand)

Costume for performance: **Please speak with coach Max & Corinne**

This show is a paid admission show. Ticket prices are as follows:

Single Show Adult: \$15.00

Seniors (65+): \$10.00

Children not in show (5-12 years): \$10.00

Children Under the age of 4 are free.