

2025 GYMFEST DRESS REHEARSALS

Once the Spring session is complete, athletes will be asked to come to the gym for a dress rehearsal prior to their performance. Dress rehearsals for recreational athletes will take place Tuesday June 17th and Wednesday June 18th. Some dress rehearsals for competitive athletes will occur from Saturday June 14th to Wednesday June 18th, for this rehearsal day it will occur during their scheduled training times.

Each group will be assigned to a day to come in for a rehearsal together prior to the performance. Athletes will be scheduled for 30 minutes for rehearsal and then be dismissed.

The dress rehearsal schedule is as follows:

Rehearsal Time	Monday June 16th	Tuesday June 17th	Wednesday June 18th
2:00pm – 2:30pm	WAG School 1 + 2 & WAG Dev 1		
2:15pm – 2:45pm	WAG School 1 + 2 & WAG Dev 1		
3:15pm – 3:45pm			
3:30pm - 4:00pm	WAG Development 2 + 3		
3:45pm – 4:15pm	WAG Development 2 + 3		
4:00pm – 4:30pm		Adv. Girls Rec. Wed./Fri. 6:30pm & Intermediate Fri. 6:30pm	Adv. Girls Rec. Wed./Fri/ 4:15pm
4:15pm – 4:45pm		GR Monday & Friday 6:15pm	BR Sunday 11am + 1:15pm + 2:45pm
4:30pm – 5:00pm		BR Monday 6:15pm & Friday 4:30pm	GR Sunday 9:30am + 11am
4:45pm – 5:15pm	WAG Developmental 6	GR Monday & Friday 4:30pm	Intermediate Sunday 12:30pm + 2:45pm
5:00pm – 5:30pm	WAG Developmental 6	GR Saturday 4:15pm	GR Sunday 1:15pm + 2:45pm
5:15pm – 5:45pm	WAG Pre-Comp 1A + 1B	Supertykes (Tues./Thurs.)	GR Saturday 1:15pm
5:30pm – 6:00pm	WAG Pre-Comp 1A + 1B	Supertykes (Tues./Thurs.)	BR Saturday 1:15pm + Monday 7:50pm
5:45pm – 6:15pm	WAG Developmental 4 + 5	GR Saturday 9:30am	GR Saturday 2:45pm
6:00pm – 6:30pm	WAG Developmental 4 + 5	GR Saturday 11am	
6:15pm – 6:45pm		BR Monday 4:30pm + Saturday 9:30am + 11am	MAG Showcase
6:30pm – 7:00pm	WAG Xcel 2	Adv. Girls Rec. Tues./Thurs 4:15pm	MAG Showcase
6:45pm – 7:15pm	WAG Xcel 2	Adv. Girls Rec. Tues./Thurs 6:30pm	GR Wednesday 4:30pm
7:00pm – 7:30pm		Intermediate Tuesday 4:15pm + 6:30pm	BR Wednesday 4:30pm + 6:15pm + Friday 6:15pm
7:15pm – 7:45pm	WAG Xcel 3	GR Tuesday 4:30pm	GR Wednesday 6:15pm
7:30pm – 8:00pm	WAG Xcel 3	GR Tuesday 6:15pm	GR Thursday 4:30pm
7:45pm – 8:15pm		WAG Xcel 1	GR Thursday 6:15pm
8:00pm – 8:30pm	Acro Monday 6:45pm	WAG Xcel 1	GR Wednesday + Thursday 7:50pm
8:15pm – 8:45pm		Teen & Adult	GR Monday + Tuesday + Friday 7:50pm
8:30pm – 9:00pm		Teen & Adult	MAG Comp 7
8:45pm – 9:15pm	WAG Xcel Travel		MAG Comp 7
9:00pm – 9:30pm	WAG Xcel Travel		

Rehearsal Time	Sunday June 15
11:00am – 11:30am	Supertykes (Sun/Wed)
11:15am – 11:45am	Supertykes (Sun/Wed)
11:45am – 12:15pm	WAG Pre-Comp 2A + 2B
12:00pm – 12:30pm	WAG Pre-Comp 2A + 2B
12:45pm – 1:15pm	WAG Pre-Comp 3
1:00pm – 1:30pm	WAG Pre-Comp 3
1:30pm – 2:00pm	MAG Comp 2
1:45pm – 2:15pm	MAG Comp 2
2:00pm - 2:30pm	MAG Comp 3
2:15pm - 2:45pm	MAG Comp 3
2:45pm – 3:15pm	MAG Comp 4
3:00pm – 3:30pm	MAG Comp 4
3:15pm – 3:45pm	MAG Comp 6
3:30pm – 4:00pm	MAG Comp 6
4:45pm – 5:15pm	Coach in Training
5:00pm - 5:30pm	Coach in Training
5:45pm - 6:15pm	MAG School + Comp 1
6:00pm – 6:30pm	MAG School + Comp 1

Rehearsal Time	Saturday June 14
9:30am – 10:00am	MAG Comp 5
9:45am – 10:15am	MAG Comp 5
11:30am – 12:00pm	Mighty Muscles
11:45am – 12:15pm	Mighty Muscles